



How do I make a difference in a messed-up world?

## Franciscan Benediction

May God bless you with discomfort  
At easy answers, half truths, and superficial relationships  
So that you may live deep within your heart.

May God bless you with anger  
At injustice, oppression, and exploitation of people,  
So that you may work for justice, freedom, and peace.

May God bless you with tears  
To shed for those who suffer pain, rejection, hunger, and war,  
So that you may reach out your hand to comfort them and to turn their pain to joy.

And may God bless you with enough foolishness  
To believe that you can make a difference in the world,  
So that you can do what others claim cannot be done.

Amen