

### Self-Assessment

As your relationship with God starts growing, it's important to begin with how much God loves you. You are loved by God. You can love him because he first loved you. That can be very powerful. If you can let that love settle into your heart, it will change your life.

Take a few minutes to reflect on how you feel about God and his love right now. Use the questions below to think about your openness and interest in receiving and responding to God's love, and how you might want to move forward at this point.

1. Name:
2. From what you learned in this session, what stood out the most about God's love for you? If you're comfortable sharing, why was that significant to you?
3. On a scale of 1 to 5, how open are you when it comes to receiving God's love? If you're comfortable sharing, why did you pick that number?
4. On a scale of 1 to 5, how open are you to talk about God's love with others? If you're comfortable sharing, why did you pick that number?
5. Are there specific ways you want to develop your relationship with God? Or specific things you want to learn about him?
6. What's a good next step for you?  
*It may just be coming to the next Launch session, or following through on the "Pay It Forward" action you chose, or God may have spoken to you about some other step to take now. Or you may feel more comfortable in a Group Investigating God study, if you're not quite sure about God yet.*