

LAUNCH

How do I know God loves me?

Affirmations

Read the affirmations aloud to yourself, taking about 10 seconds of reflective silence between each one.

1. I know God loves me because he tells me he loves me.
2. I know God loves me because his Son laid down his life on the cross for me.
3. I know God loves me because he calls me his friend.
4. I know God loves me because Jesus shares with me what God shares with him.
5. I know God loves me because he chose me.
6. I know God loves me because he appointed me to go and bear fruit that will last.
7. I know God loves me because he promises to listen to me when I ask in his name.
8. I know God loves me because I can love and be loved by other Christians.